

# Aloha Appliqués

Easy to use templates in two sizes



Inspired by the spirit of Aloha  
from Craft Sisters™

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# Aloha Appliqués Quilt

Finished Size 24" x 30"

## Materials

- 1 Yd. Background fabric
- ½ Yd. Border fabric
- 4 Different fat quarters for 4" letters. Less if you use same fabric for all the letters
- Honu Use scraps from your stash for the turtle appliques
- 1 Yd. Paper-backed fusible webbing
- 1 Yd. Backing fabric
- 1 26" x 32" piece of low loft batting

## Step 1

Cut 4 strips background fabric 5-1/2" x 21" These are the background strips for 4" tall letters.

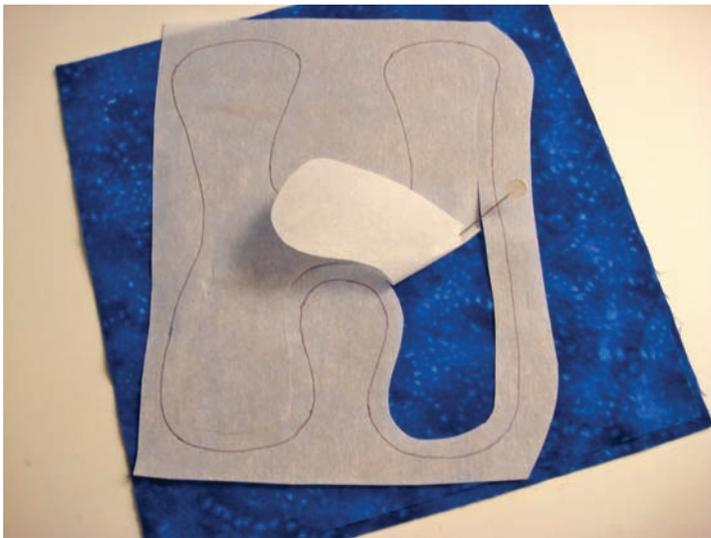
## Step 2

Cut 3 sashing strips from border fabric 3" x 21" These get sewn in between the background strips.

## Step 3

Trace the reversed 4" letters on to the paper side of fusible. Cut out centers if you prefer a softer appliqué. You will need:

- 8 - As
- 3 - Ls
- 4 - Os
- 4 - Hs
- 1 - N



## Step 4

Cut out letters (I like to leave extra around the edge to make paper easier to remove). Fuse letters to the wrong side of letter fabrics. Let cool. Cut letters out on the drawn line and remove paper.



Step 5

Place letters on background strips. Center and space until you are pleased with the look. Fuse letters to background following manufacturers directions.



Step 6

Machine appliqué letters to background using blanket stitch with matching or contrasting thread.

Step 7

Sew the 3" border/sashing strips in between the lettered background strips and press seams in best way to avoid bulk.



### Step 8

Make the Honu/Turtles. Choose the Honu you wish to use and trace a body and a shell for each onto fusible. Cut out each shape and fuse to the wrong side of fabrics. Let cool and cut out on drawn lines. Remove paper.



### Step 9

Use an appliqué pressing sheet for this step. Place turtle/honu bodies right side up on to the pressing sheet. Place shells on top of bodies right side up. Lightly fuse shells to body centers. Let cool and gently peel the turtles from the sheet. Set aside.



### Step 10

Cut 2 strips border fabric 2" x length of quilt. Length is determined by measuring down the center of the quilt top. Cut each strip to this measurement. Sew one strip to each side of the quilt from the center out. Press seams out.

### Step 11

Measure across the center width of the quilt top. Use this measurement to cut 2 - 2" strips for the top and bottom borders. Sew a strip to top and bottom from center out. Press seams out.



### Step 12

Using the sample quilt picture for a guide, place Honu/Turtles on to the quilt top and fuse in place following manufacturer's directions.



### Step 13

Machine appliqué turtle bodies and shells to quilt top background using blanket stitch and matching thread.

### Step 14

Mark wavy lines simulating ripples behind turtles. I used a “Hera” tool to mark these lines. Stitch lines with embroidery or Sashiko thread using a large running stitch in contrasting color/s.



### Step 15

Make a quilt sandwich, baste and quilt away. Sample quilts were quilted in the ditch, around all the letters and close to the wavy lines. Echoing wavy lines were also quilted in the borders. Bind the quilt.